

Reflections Reflections

Celebrating Life Through Memory Care

Reflections - a SilverCrest Properties' community that provides a nurturing, caring and safe residence for those with memory loss.



REFLECTIONS IS FOUNDED UPON THESE NINE CORNERSTONES OF SERVICE:

- Daily life activities that tap into your loved one's past experiences and can give them feelings of success.
- Life enrichment, using a validation approach; accepting your loved one at their current level of functioning.
- Supportive environment that provides a setting where residents may age in place.
- Adaptive environmental design that provides cues and multi-sensory programming.
- Life histories and stories to tailor a program that is familiar to your loved one and their preferred experiences.
- Family support, advice, education as well as your involvement in resident programming.
- Spacious living areas with lovely common spaces, including a library, designed to offer areas of interest with which to interact.



- Diverse programs intended to reduce end-of-day confusion (Sundowner's Syndrome).

PROGRAM FEATURES:

- A selection of residential apartments and suites.
- Personalized services that attempt to address each resident's unique, individualized needs, including validation, behavior, nutrition, medication management, continence and nursing assistance.
- Three nutritious meals per day, in addition to daily snacks and a hydration program.
- Family's involvement in resident's care plan.
- Short stay programs available.
- Round-the-clock (24 hours/7 days per week) health care staff. Our Campus' Licensed Nurses provide Resident Care Plan Services.
- A secured residence that allows for use of community spaces and activities.
- Dedicated *Reflections* Program Coordinator who works with the residents and their families.



SILVERCREST'S MISSION STATEMENT FOR MEMORY CARE

Reflections, a specialized memory care program, concentrates on *positive memories* and enhances those *remembered experiences*. Our intent is to provide everyday experiences that give meaning and value to a resident's past and purpose to the present. This is accomplished through planned programs, homelike routines, a specially designed environment, involvement and support of family, and connections to the community.

SILVERCREST'S MISSION

SilverCrest Properties is committed to developing senior communities of excellence by establishing a continuum of care that promotes the physical and mental wellness of its residents by maintaining a staff dedicated to providing exceptional service, and by offering health care that enhances each person's independence and dignity.



SILVERCREST PROPERTIES, LLC
Creating senior communities of excellence